

# *BONE MINERAL DENSITOMETRY*

## *INFORMATION SHEET*

### **What is Bone Mineral Densitometry?**

Bone Mineral Densitometry is a test that looks at how dense your bones are in the lower back and the hip. It is an accurate way of testing if you have osteoporosis (weak bones).

### **What preparation is required?**

No specific preparation is required.

### **What happens during Bone Mineral Densitometry?**

The radiographer will call you in and confirm your name. If necessary, you may have to change into a gown. You will then lie on a bed and the scan will be performed. The total time is usually less than 15 minutes.

### **When can I expect the results?**

Bone Densitometry results are generated straight after the study and will be reported on by the radiologist (specialist imaging doctor) and forwarded to your GP or requesting doctor the same day.